



ParentingNI



Parents need support too. We can help.

**HELPLINE
APPOINTMENTS
COUNSELLING
PARENTING PROGRAMMES**

A range of FREE services across Northern Ireland

KEEPING PARENTS AT THE HEART OF WHAT WE DO...
www.parentingni.org | help@parentingni.org





PARENTS HELPLINE & APPOINTMENT SERVICE

listening to
& supporting
individual
parents...

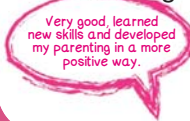
- Free & confidential helpline & appointment service
- Provides information, guidance & counselling to parents & family members
- Appointment service available across Northern Ireland



PARENTING EDUCATION

empowering
& encouraging
parents through
learning...

- A range of parenting programmes for parents & practitioners
- Developed by Parenting NI based on parenting needs
- The 'Odyssey' Parenting Your Teen Programme is a highly successful programme for parents of teenagers



PARENTING FORUM

giving
parents
a voice...

- Consults with parents on Health and Social Care Action Plans
- Raises awareness of the importance of parenting and parental participation
- Creates a network of those working in, and concerned with, parenting support

